

**XXXX Hospital  
Age Appropriate Competencies**

EMPLOYEE:

Job Title: Monitor Technician

Category: EKG Changes

<b>DOMAIN</b>	<b>BEHAVIORS DESIRED</b>	<b>ADOLESCENT</b>	<b>ADULT</b>	<b>GERIATRIC</b>
Knowledge of Growth & Development Principles	Pass Written Test with at least a score of 80%	SCORE:		
Ability to Assess Appropriate Data	Normal Sinus Rhythm; Normal variations due to the aging process; Abnormalities that require immediate interventions;	Typically has a normal sinus rhythm, with a normal pulse rate; Easily excitable and anxious about care;	Typically has a normal sinus rhythm with occasional PVCs;	May have an abnormal rhythm; Rhythm effected more easily by medications patient is receiving; Monitor heart rate for brady or tachycardia due to medications or disease process.
Ability to Interpret/Apply Data	Determination of a monitor reading that requires intervention immediately, or one which requires further monitoring to assess any changes	Determine if patient is on any medications which could alter the rhythm;	Determine if patient is on any medications which could alter the rhythm; Determine if PVCs and other abnormalities are part of patient's "normal" rhythm	Determine normal pattern of cardiac rhythm; Observe strip for discrete changes which could indicate an imminent problem; Determine if patient is on any medications which could alter the rhythm;
Ability to Communicate with patient / significant other	Demonstration of ability to alter communication style based on condition of patient & age;	Assess hearing and speaking ability; Communicate with patient as an adult, but do not forget that the pt may not be able to comprehend all information.	Assess hearing and speaking ability	Speak deeply and slowly ; Assess hearing and speaking ability;
Ability To Evaluate Effectiveness	Determine if interventions have resulted in a change in rhythm; Determine if the rhythm strip is stable or indicative of a changing patient condition;	Notify nurse of changes in rhythm;	Notify nurse of changes in rhythm;	Discrete changes in rhythm strip may be indicative of further demise of patient, or a change in condition;

Evaluate Employee's competency in each age group, for each domain. Insert date achieved/demonstrated competency and Supervisor's initials in the appropriate column & row.

Must be completed during Orientation to a new position, and again on an annual basis.

The above listed employee has demonstrated competency in all of the above age appropriate behaviors.

**SUPERVISOR :**

**DATE COMPLETED:**

Submit to HR on at the end of the orientation period and on an annual basis thereafter.