

## POLICY

- 1) Whenever a clinical process is identified for development, revision and/or improvement opportunities, the availability of Clinical Practice Guidelines (CPG's) will be determined, as part of the planning process.
- 2) Clinical Practice Guidelines are available through the Agency for Health Care Policy & Research (AHCPR), professional medical societies, physician organizations, professional health care associations, and many other organizations. Attachment A has a listing of potential sources for CPG's.
- 3) CPG's are defined as 'best practice' in the area being examined. CPG's should result from scientific research, produce desired outcomes, and be widely disseminated through out the healthcare community. Other names utilized for CPG's include, but are not limited to, pathways, algorithms, practice parameters, and guidelines.
- 4) If CPG's are available, the interdisciplinary team shall review the guidelines to determine if they are appropriate for use in this facility. The following criteria shall be utilized in this evaluation:
  - A) CPG's should have been developed by, or in conjunction with, physician organizations, practitioners, and other affected organizations.
  - B) CPG's should explicitly describe the methodology and processes used in their development
  - C) CPG's should assist the practitioners with patient care decisions about the appropriateness of health care interventions for specific circumstances.
  - D) CPG's should be based on current professional knowledge and reviewed and revised at regular intervals
  - E) CPG's should be widely disseminated through out the healthcare community.
  - F) The outcomes expected from the use of the CPG's are better than what the organization is currently experiencing.
- 5) Some Clinical Practice Guidelines may be suitable for use as written or they may need to be modified to better fit the organization.
  - A) CPG's that have been selected for use are to be reviewed by the interdisciplinary team members who will be using the guidelines.
  - B) Changes to the CPG's are made based on the facility and the resources available.
  - C) All changes made should be justified based on scientific knowledge, community practice, alternative therapy, and availability of resources within the setting.

- 6) Once the CPG's have been revised and approved by the interdisciplinary team, the leaders from administration, medical staff, and all areas affected by the process being studied, shall review and approve the implementation plan based on the clinical practice guidelines.
- 7) Following the implementation of the plan, the effectiveness of the implementation and the clinical practice guidelines must be evaluated by the interdisciplinary team, and revised as necessary.
- 8) Variations in the CPG outcomes must be explained, with further revisions made if appropriate.
- 9) Once the implementation has achieved the desired results, the process must be monitored over time to assure that the outcomes remain at the desired level.
- 10) If the expected outcomes are not maintained, or the original clinical practice guidelines are revised by the source of the guidelines, an interdisciplinary team should be chartered to examine the need to revise the use of the guidelines in this organization.
- 11) The results of all these performance improvement efforts must be communicated through the performance improvement communication channels established by the Performance Improvement Plan.

## **SPECIALTY ASSOCIATIONS FOR GUIDELINES**

**American Academy of Pediatrics**  
708-228-5005

**American Collage of Physicians**  
Clinical Efficacy Assessment Program  
215-351-2840

**American Society of Hospitals  
Pharmacists**  
301-657-3000

**American Society for Parenteral and  
Enteral Nutrition**  
301-587-6315

**American Association of Nurse  
Anesthetists**  
202-682-1267

**American Psychiatric Association**  
800-368-5777

**National Association of Physical  
Therapists**  
818-332-7755

**American College of Surgeons**  
312-644-4050

**American Society of Addiction  
Medicine**  
202-244-8948

**American College of Radiology**  
703-648-8987

**American Hospital Association**  
Quality Resource Division  
312-280-6000

**The American Academy of Family  
Physicians**  
816-333-9800

**American College of Obstetricians  
and Gynecologists**  
202-863-2538

**American Association for Respiratory  
Care**  
214-243-2272

**American Society of  
Anesthesiologists**  
202-289-2222

**National Association of Rehabilitation  
Facilities**  
703-648-9300

**Society for Critical Care Medicine**  
714-282-6032

**American Nurses Association**  
202-554-4444

**American College of Emergency  
Physicians**  
800-798-1822

**Association of Operating Room  
Nurses**  
303-755-6300

**National Institutes of Health**  
301-496-2433

**American Osteopathic Association**  
202-544-5060

**American Society for Cataract and  
Refractive Surgery**  
703-591-2220

**American Occupational Therapy  
Association**  
301-948-9626

**American Society for Clinical  
Pharmacology and Therapeutics**  
202-687-1064

**American Dental Association**  
202-898-2400

## RESOURCES FOR GUIDELINES

### Organizations & Related References

◆ Agency for Health Care Policy & Research  
(AHCPR)

- Acute & Chronic Incontinence
- Acute Low Back Problems in Adults
- Acute Pain Management
- Benign Prostatic Hyperplasia
- Cardiac Rehabilitation
- Cataract Rehabilitation
- Depression in Primary Care
- Early Alzheimer's Disease
- Heart Failure
- Management of Cancer Pain
- Otitis Media with Effusion
- Post-Stroke Rehabilitation
- Pressure Ulcers in Adults
- Pressure Ulcer Treatment
- Quality Mammography
- Sickle Cell Disease
- Smoking Cessation
- Unstable Angina

◆ Research Archives

◆ American Medical Association (AMA)  
515 North State Street  
Chicago, IL 60610

-Directory of Practice Parameters  
1800 Practice Parameters  
75 MD Organizations

-Practice Parameters on CD ROM  
450-500 Practice Parameters  
30 MD Organizations

-Implementing Practice Parameters on  
the Local/State/Regional Level

◆ JCAHO  
Abstracts of Clinical Care Guidelines  
Mosby, Inc.  
11830 Westlire Industrial Drive  
St. Louis, MO 63146-3318

### Contact

For Guidelines Free of Charge:  
800-358-9295

To receive monthly:  
301-594-1364

800-621-8335

Order #OP270394  
Members \$99.00  
Non-Members \$149.00

312-454-5518  
Cost \$995.00

Order #OP272793  
Member \$8.00  
Non-Member \$12.00

Mosby Subscription Service  
800-453-4351 or 314-453-4351  
\$95.00 / year  
\$15.00 / issue

### **Primary References**

- ◆ 2000 Medical Outcomes & Guidelines Sourcebook (updated annually)

Faulkner & Gray, Inc.  
Health Information Center  
1133 Fifteenth Street  
Washington, DC 20005  
800-535-8403

- ◆ Setting Priorities for Clinical Practice Guidelines

Institute of Medicare  
National Academy Press, Lock Box 285  
2101 Constitution Avenue  
N.W. Washington DC 20055  
800-624-6242

### **Organizations Releasing Guidelines**

- ◆ Harvard Community Health Plan  
10 Brookline Place West  
Brookline, MA 02146-7229

Lawrence Gottlieb, MD  
617-731-8285

- ◆ Institute Healthcare Quality  
Subsidiary: Health Risk Management Interactive Software  
8000 West 78<sup>th</sup> Street  
Minneapolis, MN 55439

800-241-9611

## SPECIALTY-FOCUSED RESOURCES

This list represents only a brief sampling of what is available in specialty areas.

### Ambulatory Care

◆ Outpatient Care Management  
Donavan and Matson, editors  
American Hospital Publishing, 1994

### Mental Health

- ◆ Patient Outcome Database  
NAMI, 703-524-7600 or  
Donald Steinwachs, MD 410-955-2625  
Chrm. Dept Health Policy &  
Management  
John Hopkins University
- ◆ Treating Manic Depression (guideline)  
American Psychiatric Association  
202-682-6324
- ◆ Facility using Psychiatric paths:  
Christ Hospital, Cincinnati  
Contact Pam Vansant, Coordinator  
513-369-1125
- ◆ Abstracts of Clinical Care Guidelines  
(Focus Issue – May '95) – includes  
-Treatment – B. Polo Disorder  
-Lithium for the Treatment of Mood  
Disorders  
-Personality Disorders  
-Coexisting Mental Illness and  
Alcohol/Drug Abuse

### Home Care

◆ Outcome Measures  
(Survey Tool: Functional Status and  
Satisfaction)  
Tennessee Assoc. for Homecare  
Connie King, RN  
615-885-3399  
Director, Clinical & Regulatory Affairs

### Home Care (continued)

- ◆ A Manual for Home Care Agencies:  
How to Use Outcomes  
National Association for Home Care  
202-547-7424  
(also provides OASIS tool)
  - ◆ Evaluation Systems International  
777 29<sup>th</sup> Street, Suite 400  
Boulder, CO 80303  
303-443-2200
  - ◆ Formations in Health Care, Inc.  
155 North Wacker Drive, Suite 725  
Chicago, IL 60606  
312-849-4200
  - ◆ Outcome Concepts Systems Inc.  
47<sup>th</sup> Avenue, NW  
Gig Harbor, WA 98332  
206-858-7492
  - ◆ HBO & Co.  
301 Perimeter Center North  
Atlanta, GA 30346  
404-399-2643
- ### Pediatrics
- ◆ Pediatric Cardiac Care Consortium  
James Moller, MD  
Principle Investigator  
University of Minnesota, MN  
(article: *Journal of Quality Improvement*,  
December 1994)